

KENT RESILIENCE HUB

Kentresiliencehub.org.uk

A resource that helps young people, parents and carers, staff and practitioners to understand emotional wellbeing and resilience.



SEND INFORMATION HUB

www.kent.gov.uk/education-andchildren/special-educational-needs

Guidance and support for parents of children with special educational needs.



MIND ED

<https://www.minded.org.uk/>

Free educational resource to support children, young people and adults with mental health.



AUTISM EDUCATION TRUST

www.autismeducationtrust.org.uk

Resources and support for parents and schools for children and young people with autism.

